

EASY LIVING

ONLY £2.80

MAY 2008

FASHION

FOUND!

Dresses that fit, flatter and transform your body

HEALTH

IS YOUR FIRST AID UP TO SCRATCH?

Take our test and find out the truth

HOMES

MIRROR, MIRROR ON THE WALL

Make YOUR home the fairest of them all

BEAUTY

START GETTING RESULTS

Achieve what you want at the hairdresser in the shops and at the gym

COVER STAR

Happy Eva after!
The Desperate Housewife finds marital bliss

Feel better!

HOW TO GET RID OF WORRIES, PAIN AND THAT NIGGLING TO-DO LIST



Real Life

Anna Park on fashion

The owner of the Anna fashion boutiques shows us her short cuts to summery style

“Don’t be afraid to wear florals. I’ll be wearing muted floral prints this spring, paired with neutral basics, such as jeans or white trousers.”



“Clear out all the black from your wardrobe. If you have to wear a dark colour replace it with navy and team with stripes for a nautical look.”

Cotton top, £7.99, Uniqlo

“A chunky cotton knit and a pastel cotton scarf is perfect for chillier spring days.”

Embroidered scarf, £75, Antik Batik; printed scarf, £75, Bandana; both at Anna



“Wear something yellow. If your skin tone doesn’t allow you to wear it next to your face, try yellow shoes or a necklace.”

Sandals, £115, Toast



“Swap your dark handbag for one in white or stone to instantly lighten your outfit and mood.”

Leather bag, £169, Nicole Farhi at Anna



“Switch from silver jewellery to gold – it lends the skin a warmer, more summery glow.”

Gold earrings, £119, Marte Frisnes at Anna



ANNA WEARS: TOSH LANGRISH; JACKET: BOHAMIEN; BOOTS: PENELOPE CHIFFRE; ALL AVAILABLE AT ANNA. FOR MORE INFORMATION: 0877 8000000/OLUK